

JANUARY 2016 TIPS AND TRICKS: COPD

DID YOU KNOW? According to the National Institutes of Health (www.nih.gov):

- Chronic obstructive pulmonary disease is the 3rd leading cause of death in the United States.
- The most commonly encountered risk factor for COPD is tobacco smoking.
- Smoking cessation has the greatest capacity to influence the natural history of COPD.
- Patients who have difficulty using a regular inhaler may benefit from a Respimat device. Drug delivery to the lungs with Respimat SMI is more efficient than with pMDI, even with poor inhaler technique.

EXAMPLES (blue font indicates code risk adjusts):

| Diagnostic Statement: | ICD-10 code(s): |
|--|-----------------|
| COPD | J44.9 |
| Acute exacerbation of COPD | J44.1 |
| Bronchitis [not specified as acute or chronic] | J40 |
| Chronic bronchitis | J42 |
| Centrilobular emphysema | J43.2 |
| Asthma | J45.909 |
| Moderate persistent chronic obstructive asthma | J44.9, J45.4 |

DOCUMENTATION CONSIDERATIONS:

- Specify: Status of the asthma and/or COPD (e.g. exacerbated, or uncomplicated)
 - Severity of asthma if it exists
 - Short-term and long-term treatment(s) as applicable

This guide includes some common diagnostic statements and their associated ICD-10 codes. It does NOT replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.



Save time and improve continuity of care - be specific with your diagnostic statements. This will help reduce queries and frustration.

CODING TIPS FOR ICD-10 First three characters indicate code categories:

J44. = This category now includes chronic obstructive bronchitis and chronic obstructive asthma as inclusion terms in the J44 code set. If asthma is documented, the type of asthma (identified in category J45) must be coded separately. Fourth character is assigned according to status.

EXAMPLES:

| • | Chronic obstructive pulmonary disease | |
|---|--|-------|
| | with acute lower respiratory infection | J44.0 |
| • | Chronic obstructive pulmonary disease | |
| | with (acute) exacerbation | J44.1 |
| • | Chronic obstructive pulmonary disease, | |
| | unspecified | J44.9 |
| | | |

J45._ = Asthma codes: Up to six characters may be necessary and are assigned according to severity and status.

EXAMPLES:

| • | Mild intermittent asthma | J45.2 |
|---|----------------------------|--------|
| | Mild persistent asthma | |
| • | Moderate persistent asthma | J45.4_ |
| • | Severe persistent asthma | J45.5 |

Fifth digit required for J45.2-J45.5 to indicate status:

0-uncomplicated

1-with (acute) exacerbation

2-with status asthmaticus

| • | Unspecified asthma | J45.90_ |
|---|--------------------|---------|
| • | Other asthma | J45.99 |

Sixth digit required for J45.90 to indicate status:

9-uncomplicated

1-with (acute) exacerbation

2-with status asthmaticus

QUALITY REPORTING (not an exhaustive list):

| 3023F | Spirometry results documented and reviewed |
|-------|---|
| 4000F | Tobacco use cessation intervention, counseling |
| 4001F | Tobacco use cessation intervention, pharmacologic |
| | therapy |
| 4037F | Influenza immunization ordered or administered |
| | |

Pneumococcal vaccine administered or previously 4040F received