

# MARCH 2016 TIPS AND TRICKS: CARDIOLOGY

### **DID YOU KNOW?**

 Coronary heart disease (CHD, also referred to as coronary artery disease) is the leading cause of death in the United States for men and women.

# **NEW FOR ICD-10:**

- In ICD-10, hypertension is defined as essential (primary). The concept of "benign or malignant" as it relates to hypertension no longer exists.
- An Acute Myocardial Infarction (AMI) is now considered "acute" for 4 weeks from the time of the incident, a revised timeframe from the former ICD-9 period of 8 weeks.

#### **EXAMPLES**

(blue font indicates code risk adjusts):

Diagnostic Statement:	ICD-10 Code(s)
Coronary arteriosclerosis [unspecified*]	I25.10
CAD of bypass graft, no angina	I25.810
Native coronary artery atherosclerosis, with unstable angina	I25.110
Atherosclerosis of autologous vein CABG, with angina and spasm	I25.711
Paroxysmal atrial fibrillation	I48.0
Atrial flutter [unspecified*]	I48.92
Hypertensive heart disease	I11.9
Heart disease due to hypertension, with chronic systolic CHF	I11.0, I50.22
Decompensated diastolic heart failure	I50.33
History of sick sinus syndrome with pacemaker currently functioning normally	Z45.018
Cardiomyopathy [unspecified*]	<b>I</b> 42.9

<sup>\*</sup>not recommended if a more specific diagnostic statement is known to be applicable.



Save time and improve continuity of care - be specific with your diagnostic statements. This will help reduce queries and frustration.

## **CODING TIPS:**

Coronary Atherosclerosis: subcategory combination codes now identify whether the atherosclerosis is accompanied by specific types of angina pectoris or whether there is no angina pectoris present.

Heart failure unspecified (I50.9) now includes unspecified congestive heart failure.

#### **DOCUMENTATION CONSIDERATIONS:**

Wherever possible, avoid vague diagnostic statements like "heart arrhythmia", "cardiomyopathy", and "heart failure". Instead specify type whenever known, such as:

Sinus bradycardia [R00.1]

Persistent atrial fibrillation [I48.1]

Atypical atrial flutter [148.4]

Ischemic cardiomyopathy [I25.5]

Nonobstructive hypertrophic cardiomyopathy [I42.2]

Acute on chronic diastolic heart failure [I50.33]

# QUALITY REPORTING - Examples of commonly used codes:

- 1010F Severity of angina assessed by level of activity
- 3048F Most recent LDL-C less than 100 mg/dL
- 3074F Most recent systolic blood pressure less than 130 mm Hg
- 4004F Patient screened for tobacco use and received tobacco cessation intervention (counseling, pharmacotherapy, or both), if identified as a tobacco user
- 4008F Beta-blocker therapy prescribed or currently being taken