

## COMMUNITY RESOURCES

AGENCY	PHONE NUMBER	WEBSITE
Arizona Adult Protective Services (Adult Abuse Hotline)	1-877-SOS-ADULT (1-877-767-2385)	<a href="https://des.az.gov/services/basic-needs/adult-protective-services">https://des.az.gov/services/basic-needs/adult-protective-services</a>
Alzheimer's Association	24/7 HELPLINE (800) 272-3900	<a href="http://alz.org">alz.org</a>
Arizona Early Intervention Program (AzEIP)	Central Office 602-532-9960 Central Referral Line 888-592-0140 (toll-free)	<a href="https://des.az.gov/services/disabilities/developmental-infant">https://des.az.gov/services/disabilities/developmental-infant</a>
Arizona 2-1-1 Community	2-1-1 or 877-211-8661 (toll-free)	<a href="http://211arizona.org">211arizona.org</a>
AZLinks.gov	N/A	<a href="http://azlinks.gov">azlinks.gov</a>
AZ@WORK	N/A	<a href="http://arizonaatwork.com/">arizonaatwork.com/</a>
Arizona Job Connection	602-542-2460	<a href="http://azjobconnection.gov">azjobconnection.gov</a>
Arizona Head Start	602-338-0449	<a href="http://azheadstart.org">azheadstart.org</a>
AZ Suicide Prevention Coalition	602-248-8337 (Nikki Kontz, Board President)	<a href="http://azspc.org">azspc.org</a>
AZ Dept. of Health Services Bureau of Women's and Children's Health	602-542-1025	<a href="https://www.azdhs.gov/prevention/womens-childrens-health/index.php">https://www.azdhs.gov/prevention/womens-childrens-health/index.php</a>
Arizona Department of Health Services (ADHS)	602-542-1025	<a href="http://azdhs.gov">azdhs.gov</a>
Arizona ASHLine Tobacco Quit Line	800-556-6222 (toll-free)	<a href="http://www.ashline.org/about-ASHLine">www.ashline.org/about-ASHLine</a>
AZ Department of Economic Security	602-542-4791	<a href="http://des.az.gov">des.az.gov</a>

The Arizona Partnership for Immunization (TAPI)	602-288-7568	<a href="http://whyimmunize.org">whyimmunize.org</a>
AGENCY	PHONE NUMBER	WEBSITE
Arizona Coalition to End Sexual and Domestic Violence	1-800-782-6400 TTD/ TTY: 602-279-7270	<a href="http://acesdv.org">acesdv.org</a>
Birth and Death Certificates	602-364-1300 888-816-5907 (toll-free)	<a href="http://www.azdhs.gov/vital-records/">www.azdhs.gov/vital-records/</a>
Birth to Five Helpline	877-705-KIDS (5437)	<a href="https://www.swhd.org/programs/health-and-development/birth-to-five-helpline/">https://www.swhd.org/programs/health-and-development/birth-to-five-helpline/</a>
Breastfeeding Hotline	24-hour hotline: 1-800-833-4642	<a href="https://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php#24-hr-bf-hotline">https://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php#24-hr-bf-hotline</a>
Division of Developmental Disabilities (DDD)	844-770-9500 (toll-free)	<a href="https://des.az.gov/services/disabilities/developmental-disabilities">https://des.az.gov/services/disabilities/developmental-disabilities</a>
Disability Benefits 101 (DB101)	1-866-304-WORK (9675)	<a href="http://az.db101.org">az.db101.org</a>
Dump the Drugs	General and Public Information: (602) 542-1025	<a href="https://azdhs.gov/gis/dump-the-drugs-az/">https://azdhs.gov/gis/dump-the-drugs-az/</a>
KidsCare - Arizona Children's Health Insurance Program (CHIP)	Maricopa County: 602-417-5437 Statewide: 855-432-7587 (toll-free)	<a href="https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html">https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html</a>
Health-e-Arizona Plus	855-432-7587 (toll-free)	<a href="http://www.healthearizonaplus.gov">www.healthearizonaplus.gov</a>
Medicaid – AHCCCS (Arizona Health Care Cost Containment System)	Maricopa County: 602-417-4000; Statewide (toll-free): 800-962-6690 TDD: 602-417-4191	<a href="http://www.azahcccs.gov">www.azahcccs.gov</a>

## Community Resource Guide

Mentally Ill Kids in Distress (MIKID)	N/A	<a href="http://mikid.org">mikid.org</a>
National Suicide Prevention Lifeline	1-800-273-8255	<a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>
Opioid Assistance and Referral (OAR) Line	1-888-688-4222	<a href="http://www.azdhs.gov/oarline">www.azdhs.gov/oarline</a>
AGENCY	PHONE NUMBER	WEBSITE
Postpartum Support International	Helpline: 1-800-944-4773	<a href="http://www.postpartum.net">www.postpartum.net</a>
Power Me A2Z (Free vitamins for women program through ADHS)	N/A	<a href="http://www.powermea2z.org">www.powermea2z.org</a>
Poison and Drug Information Center	800-222-1222 (toll-free)	<a href="http://www.azpoison.com">www.azpoison.com</a>
Prevent Child Abuse Arizona	928-445-5038 or 602-255-5540	<a href="http://www.pcaaz.org">www.pcaaz.org</a>
Raising Special Kids	800-237-3007	<a href="http://www.raisingpecialkids.org">www.raisingpecialkids.org</a>
Strong Families (AZ website for home visitation programs)	N/A	<a href="http://www.strongfamiliesaz.com">www.strongfamiliesaz.com</a>
Supplemental Nutrition Assistance Program (SNAP)	855-777-8590 (toll-free)	<a href="https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program">https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program</a>
Teen Life Line	602-248-8336 (TEEN) or 800-248-8336 (TEEN)	<a href="http://www.teenlifeline.org">www.teenlifeline.org</a>
Unemployment Insurance Benefits	Phoenix: 602-364-2722 Tucson: 520-791-2722 877-600-2722 (toll-free) TDD/TTY: 711	<a href="https://des.az.gov/services/employment/unemployment-individual">https://des.az.gov/services/employment/unemployment-individual</a>
WIC (Women, Infants and Children)	1-800-252-5942	<a href="http://www.azdhs.gov/azwic/">www.azdhs.gov/azwic/</a>

## ACCESS TO LOW OR NO COST SERVICES

Should an AHCCCS member lose their AHCCCS eligibility, they may be eligible to receive low or no cost primary care services from providers identified on the Bureau of Health Systems Development (HSD) website [at https://www.azdhs.gov/prevention/health-systems-development/index.php](https://www.azdhs.gov/prevention/health-systems-development/index.php)

The HSD supports a variety of programs and services meant to improve access to high quality primary health care, for those uninsured and other vulnerable populations. You may also call the HSD at 602-542-1219, Monday through Friday, 8 a.m. to 5 p.m., except holidays.

## ADVOCACY RESOURCES (SPECIAL ASSISTANCE)

There are many groups that can support you or advocate for you. Below is a list of agencies you can contact for additional support:

AGENCY	PHONE NUMBER	WEBSITE
Division of Aging and Adult Services – Aging and Disability Services	602-542-4446	<a href="https://des.az.gov/services/older-adults/home-community-based-services">https://des.az.gov/services/older-adults/home-community-based-services</a>
Division of Aging and Adult Services – Long Term Care	602-542-6454	<a href="https://des.az.gov/services/older-adults/long-term-care-ombudsman">https://des.az.gov/services/older-adults/long-term-care-ombudsman</a>
Area Agency on Aging	24-hour senior help line: 602-264-help (4357) 888-783-7500 (toll - free)	<a href="http://aaaphx.org">aaaphx.org</a>
Ability360	602-256-2245 800-280-2245 (toll-free)	<a href="http://ability360.org">ability360.org</a>
National Alliance on Mental Illness (NAMI), Arizona	480-994-4407	<a href="http://namiarizona.org">namiarizona.org</a>
Arizona Coalition Against Sexual and Domestic Violence	602-279-2900 800-782-6400 (toll-free)	<a href="http://acesdv.org">acesdv.org</a>

## LEGAL ASSISTANCE

AGENCY	PHONE NUMBER	WEBSITE
Arizona Center for Disability Law	602-274-6287 800-927-2260 (toll-free)	<a href="http://azdisabilitylaw.org">azdisabilitylaw.org</a>
Community Legal Services, Inc.	1-800-852-9075	<a href="http://clsaz.org">clsaz.org</a>

## LGBTQ+ RESOURCES

We respect and serve all individuals and ensure their right to be treated fairly. We are committed to improving access to care for our growing LGBTQ+ community. Find a list of community providers experienced in caring for our LGBTQ+ members at: <https://www.healthchoiceaz.com/community-resources/health-resources/>

## TOBACCO CESSATION RESOURCES

If you smoke or use tobacco, one of the best ways to get healthy is to quit. Tobacco use puts you at high risk for cancer, heart attack, stroke and even sexual problems. The risks are even greater if you have diabetes, you are overweight, or you have other health problems.

A pregnant mom who smokes is also risking the health of her unborn baby. Studies show drugs, stop-smoking aids, counseling, support and habit changes can help you quit.

### Take that First Step:

- Decide to stop smoking and set a date.
- Get support from family and friends.
- Quit with a friend or partner.
- Get help from your doctor.
- Call Health Choice Arizona and Arizona Smoker's Helpline (ASHLine) 800-556-6222 or visit [www.ashline.org](http://www.ashline.org).

- The ASHLine can give you free samples of stop-smoking aides. The ASHLine can also give you counseling and support to help you kick the habit.

In addition to the ASHLine, there are other resources available for you. For more information on quitting tobacco, go to Tobacco Free Arizona at:

[www.azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php](http://www.azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php).

Tobacco Free Arizona is a program to help Arizonans know the risks of tobacco use and resources for quitting.

Tobacco cessation services, including medications such as nicotine gum, patches and lozenges are available at no cost to help in your efforts to quit tobacco. Call us to talk with a care manager for help quitting tobacco.

## ACCESS TO CELLPHONES

Health Choice is proud to work with SafeLink Wireless to offer our members this special federal program. With SafeLink Health Solutions you can get a smartphone at no cost to you. Learn more or enroll for the program at:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

## HOUSING RESOURCES

Through our network of integrated health homes and other providers, BCBSAZ Health Choice provides access to housing services and resources for you to access safe, stable and affordable housing options. These services may include funding for move-in/eviction prevention, housing locator services, and referrals to desired housing programs. Housing subsidy options are also available.

Below are some links to agencies that can talk to you about programs or other housing options:

- AHCCCS Housing Program (AHP): <https://azabc.org/ahp>
- U.S. Housing and Urban Development (HUD) – Phoenix: <https://www.hud.gov/states/arizona/offices>
- Arizona Department of Housing: <https://housing.az.gov/>
- Family Housing Hub (FHH) (602) 595-8700 located at 3307 E. Van Buren Street, #108 Phoenix, AZ 85008. For families and children experiencing homelessness in Maricopa County.
- Housing Solutions of Northern Arizona: <https://www.housingnaz.org/>. Offering various programs such as: transitional living, credit counseling, and affordable rentals.
- Maricopa County Continuum of Care: <http://azmag.gov/Programs/Homelessness>

- Housing Authority of Flagstaff Arizona (<http://www.flagstaff.az.gov/2342/Housing-Authority>). Offering assistance for low-income families with safe, decent, and affordable housing opportunities. Including:
  - The Section 8 Housing Choice Voucher Program
  - The Public Housing Program
  - The Housing Authority also manages Clark Homes, an affordable rental housing development
- Mohave County Housing Authority: [https://www.publichousing.com/details/mohave\\_county](https://www.publichousing.com/details/mohave_county). Provides housing assistance and Housing Choice Voucher (formerly Section 8) housing in Mohave County.
- Catholic Charities Community Services (Coconino and Mohave County): <https://www.catholiccharitiesaz.org/>. Offers assistance with food, clothing, and shelter services
- Northern Arizona Council of Governments (NACOG): <https://nacog.org/>. Offering emergency rental assistance.
- Navajo Nation in Flagstaff: <http://www.navajo-nsn.gov/>. Offering general housing assistance.
- Western Arizona Council of Governments (WACOG): <https://www.wacog.com/>. Homeless prevention and Utility Assistance in La Paz, Mohave and Yuma counties.
- Continuum of Care Coordinated Entry:

County	Contact
Apache	Allison Hephner ah@cpmsaz.com
Coconino	Camie Rasband - CCCS crasband@cc-az.org
Maricopa	Human Services Campus <a href="https://hsc-az.org/find-help/">https://hsc-az.org/find-help/</a>
Mohave	Chanania Covington chanania.covington@mohavecounty.us
Navajo	Marilyn Johnson - OCCAC mjj@frontiernet.net
Pinal	Heather Patel heather.patel@pinal.gov
Yavapai	Anthony Cruz -CCCS ancruz@cc-az.org

Contact your clinical team or our Member Services for more information about assistance and services to supported housing. You can also contact our housing specialist by calling our Member Services team for further assistance.

## COMMUNITY PROGRAMS

### Head Start Program

Head Start is a preschool program for children. Head Start can help prepare your child for kindergarten.

Children who are 3 to 5 years old are eligible for Head Start services. Pregnant women and children from birth to 3 years of age are eligible for Early Head Start services. These programs provide:

- Early childhood education
- Nutritious meals and snacks
- Social service for families
- Help for children with special needs

For more information about Head Start, visit the Head Start website at [AZHeadStart.org](http://AZHeadStart.org).

### Arizona Early Intervention Program (AZEIP)

This program provides support and services for families of children, birth to 3 years of age, with disabilities or developmental delays. The goal of the program is to support the children's growth, development, and learning.

Talk to your child's doctor if you have concerns about how your child plays, learns, communicates, moves, sees or hears.

What will AzEIP do? The Arizona Early Intervention Program will:

- Listen to your family's concerns, hopes, priorities and questions.
- Answer your questions and give you more information about early intervention.
- Assist in discovering how your child best learns, communicates, moves, and plays.
- Provide information and support to meet the unique needs of your family.
- Identify resources in your community that match your priorities and concerns.

### Women, Infants and Children (WIC) Program

WIC is a nutrition program that helps your family learn about eating well and staying healthy. WIC is for pregnant or breast-feeding women, women who just had a baby, infants, and children up to 5 years. WIC can also help provide healthy food for you and your child. For more information, call 800-252-5942. WIC can help you find an office near you. You can also go to the WIC website at [www.azwic.gov](http://www.azwic.gov).

### Area Agency on Aging

The Area Agency on Aging is a resource for adults aged 60 years and older, adults 18 and older living with HIV/AIDS, disabilities and long-term care needs, and family caregivers. They offer many programs and services to enhance the quality of life. For more information, visit [www.aaaphx.org](http://www.aaaphx.org).



## **AZLinks.gov**

AZLinks.gov is an online resource that offers assistance and information on aging and disability. You can use this tool to find support groups, food services, recreation services and more.