Health

NOVEMBER 2015 TIPS AND TRICKS: *Diabetes*

DID YOU KNOW?

- Sliding scale insulin and long-acting sulfonylureas (such as glyburide) are considered high-risk medications due to increased risk of hypoglycemia in the elderly.
- In ICD-10, a lack of diabetic control is treated as a complication from a risk adjustment perspective – that is, it is reimbursed at a higher rate than unspecified diabetes.

ALSO NEW FOR ICD-10:

- Diabetes stated as "inadequately controlled", "out of control" or "poorly controlled" all code to Diabetes, by type, with hyperglycemia.
- Diabetes that is not under control is considered a (separate) complication; additional codes will be needed for additional complications/manifestations.

EXAMPLES:

Diagnostic Statement	ICD-9 Code	ICD-10 Code	Difference in RAF?
Diabetes	250.00	E11.9	No
Diabetes, poorly controlled	250.00	E11.65	Yes
Diabetes, out of control	250.02	E11.65	Yes
Diabetes with hyperglycemia	250.00	E11.65	Yes

ICD-10: FIRST THREE CHARACTERS INDICATE CODE CATEGORIES:

E08 = Diabetes mellitus due to underlying condition

- E09 = Drug or chemical induced diabetes mellitus
- E10 = Type 1 diabetes
- E11 = Type 2 diabetes (default if type not specified)
- E13 = Other specified diabetes mellitus

Fourth, fifth & sixth characters indicate complication. The fourth digit '9' is assigned for DM without complications.

DOCUMENTATION CONSIDERATIONS:

Specify:

- Type, and control
- Complications/manifestations, if any exist

EXAMPLE DIAGNOSTIC STATEMENT:

• Poorly controlled type 1 diabetes complicated by Stage 4 chronic kidney disease.

Prior to 10/1/2015, appropriate codes using ICD-9-CM were:

- 250.41 (Diabetes with renal manifestations, type I [juvenile type], not stated as uncontrolled)
- 585.4 (Chronic kidney disease, Stage IV [severe])

Effective 10/1/2015, appropriate codes using ICD-10-CM are:

- E10.65 (Type 1 diabetes mellitus with hyperglycemia)
- E10.22 (Type 1 diabetes mellitus with diabetic chronic kidney disease)
- N18.4 (Chronic kidney disease, stage 4 [severe])

QUALITY REPORTING:

Close gaps in care quickly by submitting these CPT codes when appropriate (not an exhaustive list):

Screening for diabetic nephropathy (include date test was performed, and result):

- 3060F Positive microalbuminuria test result documented and reviewed
- 3061F Negative microalbuminuria test result documented and reviewed

Screening for diabetic retinopathy (include date and result of screening, and name of eye care professional):

- 2022F Dilated retinal eye exam with interpretation by an ophthalmologist or optometrist documented and reviewed
- 3072F Low risk for retinopathy (no evidence of retinopathy in the prior year)

HbA1c (include result, and date test was performed):

- + 3044F Most recent hemoglobin A1c (HbA1c) level less than 7.0%
- 3045F Most recent hemoglobin A1c (HbA1c) level 7.0 9.0%
- 3046F Most recent hemoglobin A1c level greater than 9.0%

LDL (include result, and date test was performed):

- 3048F Most recent LDL-C less than 100 mg/dL
- 3049F Most recent LDL-C 100-129 mg/dL
- + 3050F Most recent LDL-C greater than or equal to 130 mg/dL

This guide includes some common diagnostic statements and their associated ICD-9 and ICD-10 codes. It does NOT replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.