

COMMUNITY RESOURCES

AGENCY	PHONE NUMBER	WEBSITE
Arizona Adult Protective Services (Adult Abuse Hotline)	1-877-SOS-ADULT (1-877-767-2385)	https://des.az.gov/services/basic-needs/adult-protective-services
Alzheimer's Association	24/7 HELPLINE (800) 272-3900	alz.org
Arizona Early Intervention Program (AzEIP)	Central Office 602-532-9960 Central Referral Line 888-592-0140 (toll-free)	https://des.az.gov/services/disabilities/developmental-infant
Arizona 2-1-1 Community	2-1-1 or 877-211-8661 (toll-free)	211arizona.org
AZLinks.gov	N/A	azlinks.gov
Arizona Job Connection	602-542-2460	azjobconnection.gov
Arizona Head Start	602-338-0449	azheadstart.org
AZ Suicide Prevention Coalition	602-248-8337 (Nikki Kontz, Board President)	azspc.org
AZ Dept. of Health Services Bureau of Women's and Children's Health	602-542-1025	https://www.azdhs.gov/prevention/womens-childrens-health/index.php
Arizona Department of Health Services (ADHS)	602-542-1025	azdhs.gov
Arizona ASHLine Tobacco Quit Line	800-556-6222 (toll-free)	www.ashline.org/about-ASHLine
AZ Department of Economic Security	602-542-4791	des.az.gov
The Arizona Partnership for Immunization (TAPI)	602-288-7568	whyimmunize.org

AGENCY	PHONE NUMBER	WEBSITE
Arizona Coalition to End Sexual and Domestic Violence	1-800-782-6400 TTD/ TTY: 602-279-7270	acesdv.org
Birth and Death Certificates	602-364-1300 888-816-5907 (toll-free)	www.azdhs.gov/vital-records/
Birth to Five Helpline	877-705-KIDS (5437)	https://www.swhd.org/programs/health-and-development/birth-to-five-helpline/
Breastfeeding Hotline	24-hour hotline: 1-800-833-4642	https://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/index.php#24-hr-bf-hotline
Division of Developmental Disabilities (DDD)	844-770-9500 (toll-free)	https://des.az.gov/services/disabilities/developmental-disabilities
Disability Benefits 101 (DB101)	1-866-304-WORK (9675)	az.db101.org
Dump the Drugs	General and Public Information: (602) 542-1025	https://azdhs.gov/gis/dump-the-drugs-az/
KidsCare - Arizona Children's Health Insurance Program (CHIP)	Maricopa County: 602-417-5437 Statewide: 855-432-7587 (toll-free)	https://www.azahcccs.gov/Members/GetCovered/Categories/KidsCare.html
Health-e-Arizona Plus	855-432-7587 (toll-free)	www.healtharizonaplus.gov
Medicaid – AHCCCS (Arizona Health Care Cost Containment System)	Maricopa County: 602-417-4000; Statewide (toll-free): 800-962-6690 TDD: 602-417-4191	www.azahcccs.gov
Mentally Ill Kids in Distress (MIKID)	N/A	mikid.org
National Suicide Prevention Lifeline	1-800-273-8255	www.suicidepreventionlifeline.org
Opioid Assistance and Referral (OAR) Line	1-888-688-4222	www.azdhs.gov/oarline

AGENCY	PHONE NUMBER	WEBSITE
Postpartum Support International	Helpline: 1-800-944-4773	www.postpartum.net
Power Me A2Z (Free vitamins for women program through ADHS)	N/A	www.powermea2z.org
Poison and Drug Information Center	800-222-1222 (toll-free)	www.azpoison.com
Prevent Child Abuse Arizona	928-445-5038 or 602-255-5540	www.pcaaz.org
Raising Special Kids	800-237-3007	www.raisingpecialkids.org
Strong Families (AZ website for home visitation programs)	N/A	www.strongfamiliesaz.com
Supplemental Nutrition Assistance Program (SNAP)	855-777-8590 (toll-free)	https://des.az.gov/services/basic-needs/food/nutrition-assistance-formerly-food-stamp-program
Teen Life Line	602-248-8336 (TEEN) or 800-248-8336 (TEEN)	www.teenlifeline.org
Unemployment Insurance Benefits	Phoenix: 602-364-2722 Tucson: 520-791-2722 877-600-2722 (toll-free) TDD/TTY: 711	https://des.az.gov/services/employment/unemployment-individual
WIC (Women, Infants and Children)	1-800-252-5942	www.azdhs.gov/azwic/

ACCESS TO LOW OR NO COST SERVICES

Should an AHCCCS member lose their AHCCCS eligibility, they may be eligible to receive low or no cost primary care services from providers identified on the Bureau of Health Systems Development (HSD) website [at https://www.azdhs.gov/prevention/health-systems-development/index.php](https://www.azdhs.gov/prevention/health-systems-development/index.php)

The HSD supports a variety of programs and services meant to improve access to high quality primary health care, for those uninsured and other vulnerable populations. You may also call the HSD at 602-542-1219, Monday through Friday, 8 a.m. to 5 p.m., except holidays.

ADVOCACY RESOURCES (SPECIAL ASSISTANCE)

There are many groups that can support you or advocate for you. Below is a list of agencies you can contact for additional support:

AGENCY	PHONE NUMBER	WEBSITE
Division of Aging and Adult Services – Aging and Disability Services	602-542-4446	https://des.az.gov/services/older-adults/home-community-based-services
Division of Aging and Adult Services – Long Term Care	602-542-6454	https://des.az.gov/services/older-adults/long-term-care-ombudsman
Area Agency on Aging	24-hour senior help line: 602-264-help (4357) 888-783-7500 (toll - free)	aaaphx.org
Ability360	602-256-2245 800-280-2245 (toll-free)	ability360.org
National Alliance on Mental Illness (NAMI), Arizona	480-994-4407	namiarizona.org
Arizona Coalition Against Sexual and Domestic Violence	602-279-2900 800-782-6400 (toll-free)	acesdv.org

LEGAL ASSISTANCE

AGENCY	PHONE NUMBER	WEBSITE
Arizona Center for Disability Law	602-274-6287 800-927-2260 (toll-free)	azdisabilitylaw.org
Division of Aging and Adult Services – Aging and Disability Services	602-542-4446	https://des.az.gov/services/older-adults/home-community-based-services
Community Legal Services, Inc.	1-800-852-9075	clsaz.org

LGBTQ+ RESOURCES

We respect and serve all individuals and ensure their right to be treated fairly. We are committed to improving access to care for our growing LGBTQ+ community. Find a list of community providers experienced in caring for our LGBTQ+ members at: <https://www.healthchoiceaz.com/community-resources/health-resources/>

TOBACCO CESSATION RESOURCES

If you smoke or use tobacco, one of the best ways to get healthy is to quit. Tobacco use puts you at high risk for cancer, heart attack, stroke and even sexual problems. The risks are even greater if you have diabetes, you are overweight, or you have other health problems.

A pregnant mom who smokes is also risking the health of her unborn baby. Studies show drugs, stop-smoking aids, counseling, support and habit changes can help you quit.

Take that First Step:

- Decide to stop smoking and set a date.
- Get support from family and friends.
- Quit with a friend or partner.
- Get help from your doctor.
- Call Health Choice Arizona and Arizona Smoker’s Helpline (ASHLine) 800-556-6222 or visit www.ashline.org.

- The ASHLine can give you free samples of stop-smoking aides. The ASHLine can also give you counseling and support to help you kick the habit.

In addition to the ASHLine, there are other resources available for you. For more information on quitting tobacco, go to Tobacco Free Arizona at:

www.azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az/index.php.

Tobacco Free Arizona is a program to help Arizonans know the risks of tobacco use and resources for quitting.

Tobacco cessation services, including medications such as nicotine gum, patches and lozenges are available at no cost to help in your efforts to quit tobacco. Call us to talk with a care manager for help quitting tobacco.

ACCESS TO CELLPHONES

Health Choice is proud to work with SafeLink Wireless to offer our members this special federal program. With SafeLink Health Solutions you can get a smartphone at no cost to you. Learn more or enroll for the program at:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

HOUSING RESOURCES

Through our network of integrated health homes and other providers, Health Choice Arizona provides access to housing services and resources for you to access safe, stable and affordable housing options. These services may include funding for move-in/eviction prevention, housing locator services, and referrals to desired housing programs. Housing subsidy options are also available.

Below are some links to agencies that can talk to you about programs or other housing options:

- Arizona Department of Housing: <https://housing.az.gov/>
- Family Housing Hub (FHH) (602) 595-8700 located at 3307 E. Van Buren Street, #108 Phoenix, AZ 85008. For families and children experiencing homelessness in Maricopa County.
- Housing Solutions of Northern Arizona: <https://www.housingnaz.org/>. Offering various programs such as: transitional living, credit counseling, and affordable rentals.
- Maricopa County Continuum of Care: <http://azmag.gov/Programs/Homelessness>

- Housing Authority of Flagstaff Arizona (<http://www.flagstaff.az.gov/2342/Housing-Authority>). Offering assistance for low-income families with safe, decent, and affordable housing opportunities. Including:
 - The [Section 8 Housing Choice Voucher Program](#)
 - The [Public Housing Program](#)
 - The Housing Authority also manages [Clark Homes](#), an affordable rental housing development
- Mohave County Housing Authority: https://www.publichousing.com/details/mohave_county. Provides housing assistance and Housing Choice Voucher (formerly Section 8) housing in Mohave County.
- Catholic Charities Community Services (Coconino and Mohave County): <https://www.catholiccharitiesaz.org/>. Offers assistance with food, clothing, and shelter services
- Northern Arizona Council of Governments (NACOG): <https://nacog.org/>. Offering emergency rental assistance.
- Navajo Nation in Flagstaff: <http://www.navajo-nsn.gov/>. Offering general housing assistance.
- Western Arizona Council of Governments (WACOG): <https://www.wacog.com/>. Homeless prevention and Utility Assistance in La Paz, Mohave and Yuma counties.

Contact your clinical team or our Member Services for more information about assistance and services to supported housing.