DID YOU KNOW?
- Depression is associated with poor adherence to medication across a range of chronic diseases. The estimated odds of a depressed patient being non-adherent are 1.76 times the odds of a non-depressed patient.\(^1\)
- The American Geriatrics Society (Beers Criteria) recommends against the use of tricyclic antidepressants amitriptyline, amoxapine, clomipramine, desipramine, imipramine, nortriptyline, protriptyline, trimipramine, doxepin (>6 mg) and the SSRI paroxetine in the elderly, due to their strong anticholinergic properties.

NEW FOR ICD-10:
- Diagnostic statements of "depression", "depressive disorder" or "major depression" without further specification all code to ‘Major depressive disorder, single episode, unspecified’ which does not risk adjust.

EXAMPLES (green font indicates code risk adjusts):

<table>
<thead>
<tr>
<th>Diagnostic Statement</th>
<th>ICD-9 code was:</th>
<th>ICD-10 code is:</th>
<th>Difference in RAF?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depression</td>
<td>311</td>
<td>F32.9</td>
<td>No</td>
</tr>
<tr>
<td>Major depression</td>
<td>296.20</td>
<td>F32.9</td>
<td>Yes – F32.9 does not risk adjust</td>
</tr>
<tr>
<td>Major depression, recurrent</td>
<td>296.30</td>
<td>F33.9</td>
<td>No</td>
</tr>
<tr>
<td>Major depression, single episode</td>
<td>296.20</td>
<td>F32.9</td>
<td>Yes – F32.9 does not risk adjust</td>
</tr>
<tr>
<td>Major depression, single episode, severe</td>
<td>296.23</td>
<td>F32.2</td>
<td>No</td>
</tr>
<tr>
<td>Bipolar disorder, current episode depressed, mild</td>
<td>296.51</td>
<td>F31.31</td>
<td>No</td>
</tr>
</tbody>
</table>

ICD-10: FIRST THREE CHARACTERS INDICATE CODE CATEGORIES:
- F32 = Major depressive disorder, single episode
- F33 = Major depressive disorder, recurrent
- F31 = Bipolar disorder

FOURTH CHARACTER IS ASSIGNED IN ACCORDANCE WITH DEGREE OF SEVERITY:
- Major depressive disorder, recurrent, mild ..................... F33.0
- Major depressive disorder, recurrent, moderate............... F33.1
- Major depressive disorder, recurrent, severe
  without psychotic features ........................................ F33.2
- Major depressive disorder, recurrent, severe
  with psychotic symptoms ........................................... F33.3

Remission status is also represented by the fourth character, and sometimes a fifth.

DOCUMENTATION CONSIDERATIONS:
Specify:
- Type (recurrent/single episode)
- Severity (mild/moderate/severe, with/without psychotic features)
- OR remission status (partial remission/full remission)
Document any treatment(s) as appropriate, whether pharmacologic, behavior therapy or other. Also note treatment refusal, if applicable.

EXAMPLE DIAGNOSTIC STATEMENTS:
- Recurrent severe major depression with psychotic symptoms (F33.3)
- Major depression, single episode, in full remission (F32.5)

QUALITY REPORTING:
Achieve PQRS compliance with these codes when appropriate (codes for pts 12 years & older, not an exhaustive list):
- G0444 Annual depression screening, 15 minutes
- G8431 Screening for clinical depression is documented as being positive and a follow-up plan is documented
- G8433 Screening for clinical depression not documented, documentation stating the patient is not eligible
- G8510 Screening for clinical depression is documented as negative, a follow-up plan is not required

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This guide includes some common diagnostic statements and their associated ICD-9 and ICD-10 codes. It does NOT replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.