DID YOU KNOW?

• Depression is associated with poor adherence to medication across a range of chronic diseases. The estimated odds of a depressed patient being non-adherent are 1.76 times the odds of a non-depressed patient.1

• The American Geriatrics Society (Beers Criteria) recommends against the use of tricyclic antidepressants amitriptyline, amoxapine, clomipramine, desipramine, imipramine, nortriptyline, protriptyline, trimipramine, doxepin (>6 mg) and the SSRI paroxetine in the elderly, due to their strong anticholinergic properties.

• Diagnostic statements of “depression”, “depressive disorder” or “major depression” without further specification all code to ‘Major depressive disorder, single episode, unspecified’, which does not risk adjust.

EXAMPLES (blue font indicates code risk adjusts):

<table>
<thead>
<tr>
<th>Diagnostic Statement:</th>
<th>ICD-10 Code:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depression</td>
<td>F32.9</td>
</tr>
<tr>
<td>Major depression</td>
<td>F32.9</td>
</tr>
<tr>
<td>Recurrent depressive episode</td>
<td>F33.9</td>
</tr>
<tr>
<td>Major depression, single episode</td>
<td>F32.9</td>
</tr>
<tr>
<td>Severe depression, single episode</td>
<td>F32.4</td>
</tr>
<tr>
<td>Monopolar depression</td>
<td>F33.9</td>
</tr>
<tr>
<td>Major depressive disorder, single episode, mild</td>
<td>F32.0</td>
</tr>
<tr>
<td>Major depressive disorder in remission</td>
<td>F32.5</td>
</tr>
<tr>
<td>Bipolar disorder, current episode depressed, mild</td>
<td>F31.31</td>
</tr>
</tbody>
</table>

CODING TIPS

ICD-10: FIRST THREE CHARACTERS INDICATE CODE CATEGORIES:
F32 = Major depressive disorder, single episode
F33 = Major depressive disorder, recurrent
F31 = Bipolar disorder

FOURTH CHARACTER IS ASSIGNED IN ACCORDANCE WITH DEGREE OF SEVERITY:
Major depressive disorder, recurrent, mild.................F33.0
Major depressive disorder, recurrent, moderate...........F33.1
Major depressive disorder, recurrent, severe without psychotic features........................................F33.2
Major depressive disorder, recurrent, severe with psychotic symptoms.............................................F33.3

Remission status is also represented by the fourth character, and sometimes a fifth.

DOCUMENTATION CONSIDERATIONS

Specify:
• Type (recurrent/single episode)
• Severity (mild/moderate/severe, with/without psychotic features), OR
• Remission status (partial remission/full remission)
Document any treatment(s) as appropriate, whether pharmacologic, behavior therapy or other. Also note treatment refusal, if applicable.

QUALITY REPORTING for HEDIS and MIPS

G8431 - Screening for clinical depression is documented as being positive and a follow-up plan is documented
G8510 - Screening for clinical depression is documented as negative, a follow-up plan is not required
G8511 - Screening for clinical depression is documented as negative, follow-up plan not documented, reason not given (HEDIS-compliant only)


This guide includes some common diagnostic statements and their associated ICD-9 and ICD-10 codes. It does NOT replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.