



An Independent Licensee of the Blue Cross Blue Shield Association

## WHAT IS THE MENTAL HEALTH BLOCK GRANT (MHBG)?

The Mental Health Block Grant provides funding for uninsured or underinsured Non-TXIX members with specific mental health needs. The MHBG aims to reduce reliance on psychiatric inpatient services by providing effective community-based services for adults determined SMI or children identified as SED.

## WHO IS ELIGIBLE FOR MHBG SERVICES?

- Adults (18+) determined to have a Serious Mental Illness (SMI)
- Children (17 and under) identified as having a Serious Emotional Disturbance (SED)
- Individuals experiencing a First Episode Psychosis (FEP)

## WHAT TYPES OF TREATMENT SERVICES ARE AVAILABLE?

The following services may be available through a HCA Health Home or contracted provider:

- Outpatient Treatment
- Residential Treatment
- Psychotherapy
- Medication Management
- Nursing Services
- Intensive Case Management
- Family Education & Support
- Cognitive Behavioral Therapies
- Individual & Group Counseling
- Cognitive Remediation Therapies
- Supported Employment
- Vocational Services
- Crisis Services
- Other Specialized Services

## WHERE ARE TREATMENT SERVICES AVAILABLE?

### ChangePoint Integrated Health:

Holbrook — (928)524-6126  
Show Low — (928)537-2951  
Snowflake — (928)536-6869  
Winslow — (928)289-4658

### Child & Family Support Services:

Flagstaff — (928)774-0775  
Prescott Valley — (928)775-2500

### Encompass Health Services:

Fredonia — (928)643-7230  
Littlefield — (928)347-4566  
Page — (928)645-5113

### Horizon Health & Wellness:

Globe — (928)402-9297

### Little Colorado Behavioral Health Centers:

St. Johns — (928)333-2683  
Springerville — (928)337-4301

### Mohave Mental Health Clinic

Bullhead City — (928)757-8111  
Kingman — (928)757-8111  
Lake Havasu City — (928)757-8111

### Southwest Behavioral & Health Services:

Bullhead City — (928)763-7776  
Flagstaff — (928)779-4550  
Kingman — (928)753-9387  
Lake Havasu City — (928)453-2661  
Prescott Valley — (928)772-1610  
Payson — (928)474-3303

### Spectrum Healthcare:

Camp Verde — (928)634-2236  
Cottonwood — (928)634-2236  
Prescott Valley — (928)634-2236  
Sedona — (928)634-2236

### The Guidance Center:

Flagstaff — (928)527-1899  
Williams — (928)635-4272

### West Yavapai Guidance Clinic:

Chino Valley — (928)445-5211  
Prescott — (928)445-5211  
Prescott Valley — (928)445-5211

Additional information for contracted specialty providers is available upon request.