MONTHLY TIPS AND TRICKS:
DIABETES

DID YOU KNOW?

- Sliding scale insulin and long-acting sulfonylureas (such as glyburide) are considered high-risk medications due to increased risk of hypoglycemia in the elderly.
- In ICD-10, a lack of diabetic control is treated as a complication from a risk adjustment perspective – that is, it is reimbursed at a higher rate than unspecified diabetes.

ICD-10: FIRST THREE CHARACTERS INDICATE CODE CATEGORIES:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>E08</td>
<td>Diabetes mellitus due to underlying condition</td>
</tr>
<tr>
<td>E09</td>
<td>Drug or chemical induced diabetes mellitus</td>
</tr>
<tr>
<td>E10</td>
<td>Type 1 diabetes</td>
</tr>
<tr>
<td>E11</td>
<td>Type 2 diabetes (default if type not specified)</td>
</tr>
<tr>
<td>E13</td>
<td>Other specified diabetes mellitus (secondary)</td>
</tr>
</tbody>
</table>

Fourth, fifth & sixth characters indicate complication. The fourth digit '9' is assigned for DM without complications.

EXAMPLES:

<table>
<thead>
<tr>
<th>Diagnostic Statement</th>
<th>ICD-10 Code(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poorly controlled diabetes type 1</td>
<td>E10.65</td>
</tr>
<tr>
<td>Type 2 diabetes mellitus with diabetic polyneuropathy</td>
<td>E11.42</td>
</tr>
<tr>
<td>DM due to Cushing's syndrome</td>
<td>E08.9, E24.9</td>
</tr>
<tr>
<td>Type 2 diabetes mellitus with diabetic peripheral angiopathy</td>
<td>E11.51</td>
</tr>
<tr>
<td>DM type II, complicated by nephropathy</td>
<td>E11.21</td>
</tr>
<tr>
<td>Postpancreatectomy diabetes</td>
<td>E13.9</td>
</tr>
</tbody>
</table>

CODING TIPS:

- Diabetes that is not under control is considered a (separate) complication; additional codes will be needed for additional complications/manifestations.
- Diabetes stated as “inadequately controlled”, “out of control” or “poorly controlled” all code to diabetes, by type, with hyperglycemia.
- Code Z79.4, Long-term (current) use of insulin, should also be assigned to indicate that the patient uses insulin.

DOCUMENTATION CONSIDERATIONS:

Specify:

- Type, and control
- Complications/manifestations, if any exist

Diabetes stated as "uncontrolled" must specify if hyperglycemic (Exx.65) or hypoglycemic (Exx.64x)

Documentation example:

Uncontrolled type 2 diabetes complicated by Stage 4 chronic kidney disease. Insulin dosage needs adjustment due to frequent hypoglycemic events.

Appropriate ICD-10 codes are:

- E11.649, Type 2 diabetes mellitus with hyperglycemia without coma
- E11.22, Type 2 diabetes mellitus with diabetic chronic kidney disease
- N18.4, Chronic kidney disease, stage 4 (severe)
- Z79.4, Long-term (current) use of insulin

QUALITY REPORTING:

Close HEDIS gaps in care quickly by submitting these CPT codes when appropriate (not an exhaustive list):

Screening for diabetic nephropathy (include date test was performed, and result):

- 3060F Positive microalbuminuria test result documented and reviewed
- 3061F Negative microalbuminuria test result documented and reviewed

Screening for diabetic retinopathy (include date and result of screening, and name of eye care professional):

- 2022F Dilated retinal eye exam with interpretation by an ophthalmologist or optometrist documented and reviewed
- 3072F Low risk for retinopathy (no evidence of retinopathy in the prior year)

HbA1c (include result, and date test was performed):

- 3044F Most recent hemoglobin A1c (HbA1c) level less than 7.0%
- 3045F Most recent hemoglobin A1c (HbA1c) level 7.0 - 9.0%
- 3046F Most recent hemoglobin A1c level greater than 9.0%

LDL (include result, and date test was performed):

- 3048F Most recent LDL-C less than 100 mg/dl
- 3049F Most recent LDL-C 100-129 mg/dl
- 3050F Most recent LDL-C greater than or equal to 130 mg/dl

This guide includes examples of diagnostic statements and their associated ICD-10 codes. It does not replace ICD-10-CM coding manuals, nor does it replace the training required by a certified medical coder. Any code submitted should be supported by the documentation. Coding guidelines should be referenced and the most specific code appropriate should be selected.